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❧ STATEMENTS ABOUT TRIALS ❧

Whenever we place **BLAME**, we are looking for a scapegoat for a real dislocation in which we ourselves are implicated. *Blame is a defensive substitute for an honest examination of life that seeks personal growth in failure and self-knowledge in mistakes.* Thomas Moore stated, "Fundamentally, it is a way of averting consciousness of error." Manning 85

Most of our **CONFLICTS** and **DIFFICULTIES** come from trying to deal with the spiritual and practical aspects of our life separately instead of realizing them as parts of one whole... [rest of quote under "kingdom quotes" by E. Underhill]

A man's worst **DIFFICULTIES** begin when he is able to do as he likes.
Thomas H Huxley

"**FAILURE**" is not the falling down, *but the staying down.* Mary Pickford

There is no **FAILURE** *except in no longer trying.* Elbert Hubbard

When you *repress* or *suppress* those things which you don't want to live with you don't really solve the **PROBLEM** because you don't bury the problem dead - you bury it alive. It remains alive and active inside of you.

REGRET is an appalling waste of energy; you can't build on it; it's only good for wallowing in. Katherine Mansfield

The only people without **PROBLEMS** are in *cemeteries.*

If you are constantly being mistreated, you're cooperating with the treatment.

Whatever you **RESIST**, persists... The thing you *resist* is the thing you need to hear the most.

*Whatever you **resent** is a statement of what you lack.*

Indeed, the **truth** that many people never understand, until it is too late, is that the **more** you try to avoid **SUFFERING**, the **more** you suffer, because smaller and more significant things begin to torture you, in proportion to your fear of being hurt. The one who does most to avoid suffering is, in the end, the one who suffers most: and his suffering comes to him from the things so little and so trivial that one can say that it is no longer objective at all. It is his how existence, his own being, that is at once the subject and the source of his pain, and his very existence and consciousness is his greatest torture.

Thomas Merton, *The Seven Storey*

Mountain

- We all know that *it is never the grace of God that fails in a **CRISIS***;
- **It is we who fail because we have not been practicing.** Chambers 52

Let me assert my firm belief that the only thing we have to **FEAR** is fear itself - nameless, unreasoning, unjustified terror which paralyzes needed efforts to convert retreat.
Franklin D.
Roosevelt